



RON ROSNER FAMILY YMCA

Serving Spotsylvania County



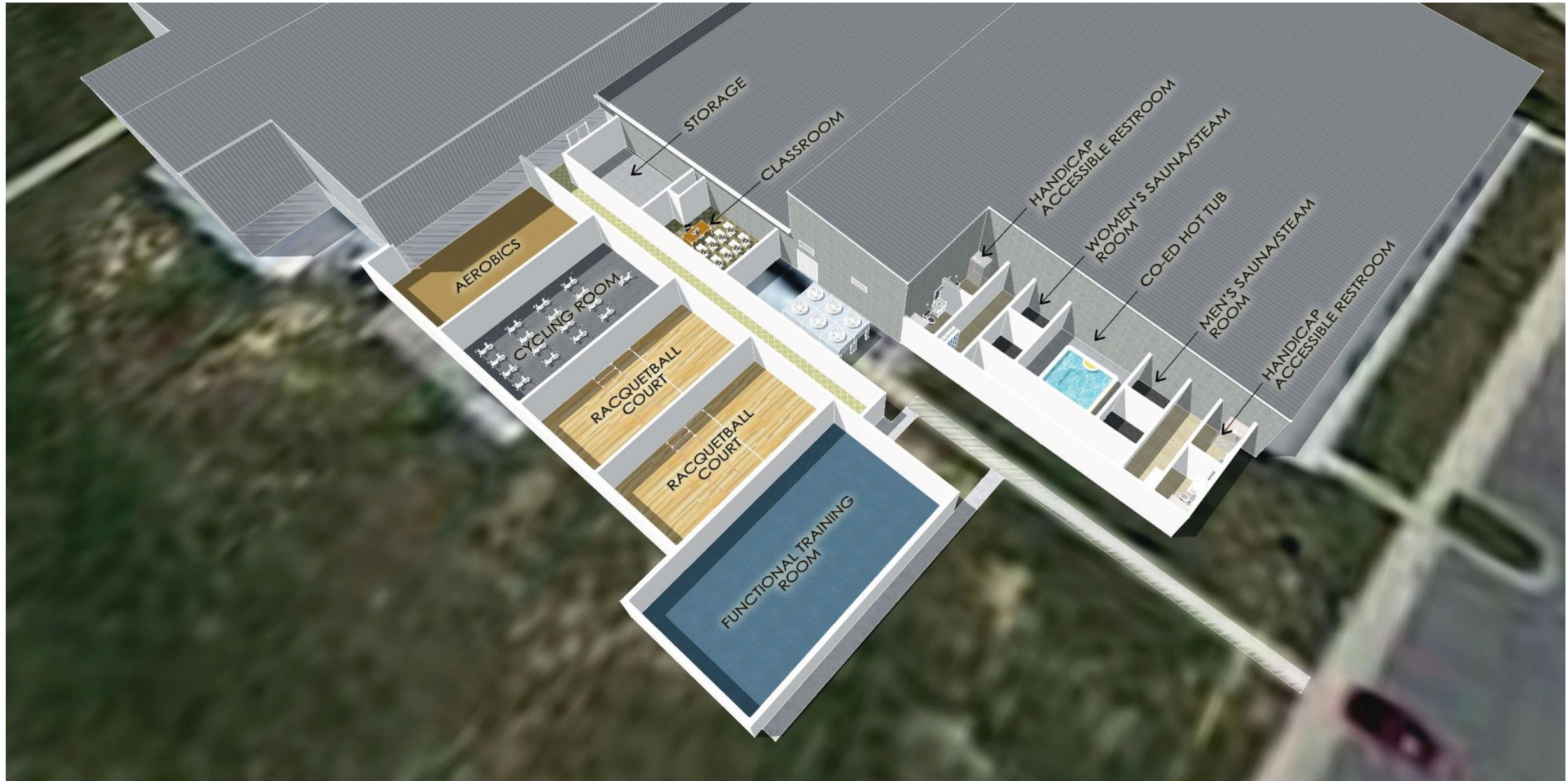
WELCOMING ALL

The Y is for all. We believe our community is stronger when everyone feels welcome and we work together for the common good.

Offering MORE FOR ALL

- Youth
- Adults with disabilities
- Special Needs Classes
- Senior Adults
- Adults
- Families
- Therapeutic Classes
- Diabetes Prev. Program
- Blood Pressure Program





Expansion Wellness Opportunities

- 30% Membership Discounts through paycheck deduction
- Employee Wellness Incentive Programs
- Assigned YMCA Wellness Coach
- County Employee Wellness Initiatives – YMCA App
- On-site Classes
- Diabetes Prevention Program
- Blood Pressure Monitoring Program
- Leadership and Team Building Activities



Open Doors

Financial Assistance Program

The YMCA welcomes all who wish to participate and believes that no one should be denied access for their inability to pay.

Through the Y's Open Doors Program, The Rappahannock Area YMCA provides financial assistance to youth, adults and families based on individual needs and circumstances.

THANK YOU -

Barney Reiley
CEO

Elizabeth Taylor
COO

